

Caregiver Training Nurturing Relational Connections

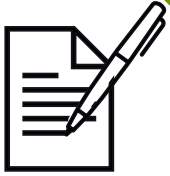
Participant Material

Alberta Children and Family Services
2026



Alberta

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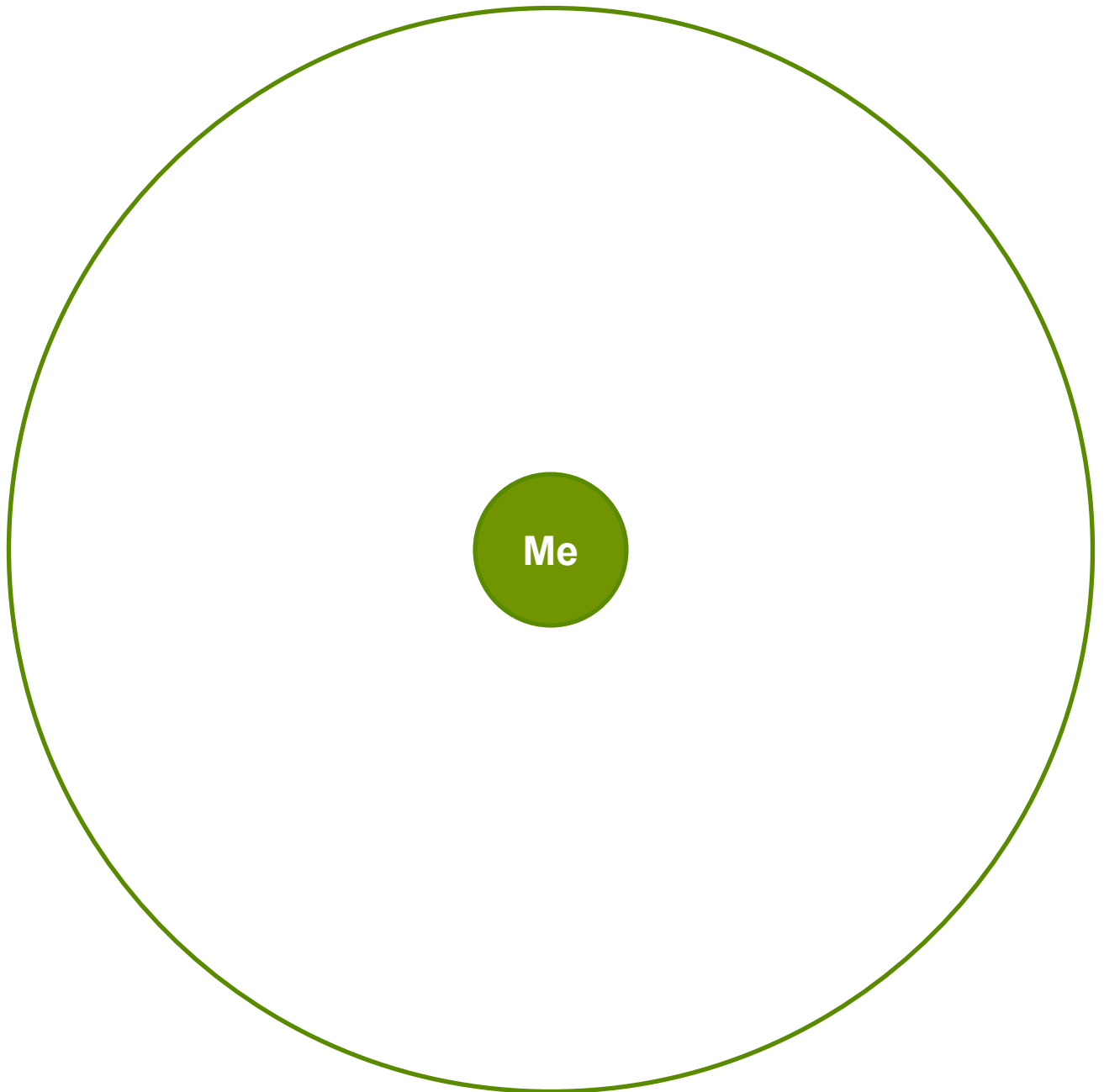
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Ideas and Tips for Nurturing Relational Connections



My Relationship Circle



Child/Youth's Relationship Circle



Tips for Building Respectful Relationships

- ✓ Focus on what you have in common and build on it.
- ✓ Recognize that your family may have experienced less trauma and had more support when facing challenges than the child/youth's family.
- ✓ Honour and respect family strengths and the love they have for their children/youth.
- ✓ Get to know the child or youth's family. And let them get to know you.
- ✓ Be clear about what is important to you. Set clear boundaries.



Resources

Name	Link	Description
<i>Child, Youth and Family Enhancement Act</i> (CYFEA)	https://open.alberta.ca/publications/c12	The legislation that provides services in support of children who are abused, neglected or otherwise in need of intervention.
Alberta Foster and Kinship Association (AFKA) and the Caregiver Support Program	https://afkaonline.ca/	Equips foster and kinship caregivers with knowledge, tools, and a support system.
Center on the Developing Child – Harvard University	https://developingchild.harvard.edu/	Supports children and caregivers. Provides resources about childhood development.
Office of the Child and Youth Advocate	https://www.ocya.alberta.ca/	Represents the rights, interests and viewpoints of young people in Alberta.
ALIGN - Alberta Children's Services Provincial Caregiver Training	https://alignab.ca/alberta-childrens-services-provincial-caregiver-training/	Resources to support the orientation and training of caregivers.

